

Interview Progress: Achievement by October 15th, and Future Goals

Chinese Blending in problem

This comes to a story of whether Chinese will blend in the American's life or not, why they will do this, and how would we take this.

But before we say anything about this, one issue must be alerted in the first. It is not a right-or-wrong problem, it is just a discussion of a phenomenon, which we hope to improve the

Have interviewed 15 people

Most of the answers are short and negative, but there are also some positive answers

Question 1: What is blend in?

Blend-in is not be the same as Americans. Blend-in is not giving up their own culture and be like a banana. It shall be like some kind of combination, combine Chinese culture and American culture. It is tough and it is abstract, but sometimes people will find the balance of them by themselves.

Question 2: Is it hard to blend in?

Yes. Of course. It is clear that Chinese students would like to be with Chinese but not foreigners, they would have friends or even relationships with ABC(American born Chinese)(From one interview I know this), but most of them would not have much American friends, being part of the life of students from other countries. However, there is also some exceptions. The President of CSSA, a junior student, he joined a fraternity during his campus life. And a freshman from northern part of China, the Liao Ning province, she is joining a sorority, which means she is joining activities of the sorority”To earn enough credits for being accepted formally by the sorority”

Question 3: Why it is hard?

Language, this is the first problem. Especially those students major in Science or engineering, most of the students there are Asians. Just like one student major in CS said: “My reading skill will improve quite a lot but I won't get much opportunities to practice my oral English like you(me)”, and so remember we said that Chinese students would be better to stay with other Chinese? This two issues combined makes it hard for Chinese to do something for blending in: joining clubs, joining the parties(I have to say the parties is not a common thing in China ). So English is a barrier, and mother tongue is around them. Why to come out of our comfortable zone? But that is something common. A native student, born in Illinois, said that they would also be like to stay with those with the same culture background.

Label, it is also a problem. [Based on the past interview]

Professional ideas or other opinions?

Sources

Professors in the LAS and Engineer, asking the professors about this issue. Also talk with MA, Muticulture-Assistant.

Besides, Talk with professor taking in charge of Asian-American Center

Sources:

<https://oii.illinois.edu/aacc>

<http://www.iss.illinois.edu/>

Problems I'm facing now: All I get are just information but not story. I need to find a story, or it would be like some kind of “Opinion” in a newspaper

Drug abuse

Problems: Students using ADHD drugs for their study

What Drug?

Attention-deficit/hyperactivity disorder (ADHD), such as Adderall, Ritalin and Vyvanse. They all need PRESCRIPTION!

How many students would use?

2017.9.30

From the interview

Not sure about how many. Talked with more than 30 students and they all said : yes, I've heard about this, 8 of all said that they know some of their friends have did this in high school. But none of them have ever tried this

From the statistic:

- According to a study, 62% of students prescribed with ADHD medication were giving it to students without a prescription.
- Full time students are more likely to abuse substances.
- 1 in 5 students have admitted to using Adderall for abusive purposes.
- Adderall and Ritalin do not make you more intelligent.

Why people would use it:

For better grades, of course

Don't they know their would be side-effects? Yes they do. But just like one of the interviewer said: Drugs have side-effects, smokes and wines do so. But you have to balance whether it is worth to do this or not. And some students would agree: Yes, it is worth to do so.

Any side effects?

Yes, of course.

Sources I achieve now:

<https://counselingcenter.illinois.edu/> (Need more contact. No reply of E-mails, maybe need to go in there)

College of Medicine, UIUC

I went there and they are happy to help me. The administrator gives me 2 professors information that I could contact

Dr. Geral Welch

Clinical Associate Professor, Psychiatry

[gwelch@illinois.edu](mailto:gwelch@illinois.edu)

Dr. Benjamin Gersh

Clinical Assistant Professor

[gersh@illinois.edu](mailto:gersh@illinois.edu)

I have already send E-mails to them, but there is no reply. Maybe I need to have drop-in interview?

Besides, several useful essays are here in my E-mail

1. Neuropsychological functioning in college students who misuse prescription stimulants. By: Wilens, Timothy E.; Carrellas, Nicholas W.; Martelon, MaryKate; Yule, Amy M.; Fried, Ronna; Anselmo, Rayce; McCabe, Sean Esteban. American Journal on Addictions. Jun2017, Vol. 26 Issue 4, p379-387. 9p.
2. Motives underlying smoking in college students with ADHD. By: Murphy, Kerrie Glass; Flory, Kate. American Journal of Drug & Alcohol Abuse. May2017, Vol. 43 Issue 3, p350-359. 10p.
3. Do college students improve their grades by using prescription stimulants nonmedically? By: Arria, Amelia M.; Caldeira, Kimberly M.; Vincent, Kathryn B.; O'Grady, Kevin E.; Cimini, M. Dolores; Geisner, Irene M.; Fossos-Wong, Nicole; Kilmer, Jason R.; Larimer, Mary E. Addictive Behaviors. Feb2017, Vol. 65, p245-249. 5p.
4. The ADHD Drug Abuse Crisis on American College Campuses. By: Watson, Gretchen LeFever; Arcona, Andrea Powell; Antonuccio, David O. Ethical Human Psychology & Psychiatry. 2015, Vol. 17 Issue 1, p5-21. 17p.
5. Substance Use in Undergraduate Students With Histories of Attention-Deficit/Hyperactivity Disorder (ADHD): The Role of Impulsivity. By: Egan, Theresa E.; Dawson, Anne E.; Wymbs, Brian T. Substance Use & Misuse. 2017, Vol. 52 Issue 10, p1375-1386. 12p. 1 Diagram, 7 Charts.

Problems for now

Still need to find some one who uses this medicine. I have already found some one who almost use it but not use it in the end. He might be able to tell me how students would be able to get this pills. Besides, although Chinese students are a good breakthrough to find who use medicines for better grades 'cause we can talk more, it seems that most of Chinese students are not using this medicine and even never heard about this. Partly it is because our culture.